

Vancouver, Rocky Mountains, & Victoria



Including Banff, Lake Louise, & Icefield
Saturday, August 18 - Friday, August 24, 2018 (7 Days)
\$1589 Double, \$1539 Triple, \$2189 Single

Receive a **Free** Bus
Day Trip up to \$109
upon returning from this trip.



Day 1 Hometown - Vancouver: Pick up at Vancouver Airport (transfer to hotel included*)

Day 2 Victoria Day Trip

Upon arrival, we will transfer to the hotel. After a short rest, we will take the **BC Ferry** to Victoria, the capital of British Columbia. Capture the beautiful scenery along the Georgia Strait. Enjoy the memorable scenery at **Butchart Gardens**, a breathtaking National Historic Site built from a limestone quarry in 1904. Explore Chinatown, Victoria's **Inner Harbor**, visit the **Empress hotel**, and discover **BC Legislative Buildings**. After touring **Thunderbird Park** and **Beacon Hill Park**, stop by the remarkable **Mile "0."** L

Day 3 Vancouver - Hope - Kamloops - Revelstoke/Golden

We will depart from Vancouver and travel along the beautiful **Fraser River**. Our lunch stop will be at Kamloops, BC's famous Ginseng field where guests will visit the **Ginseng factory**. Here we will learn about the cultivation of Ginseng & its curative effect, and have an opportunity to taste authentic **Ginseng tea**. Later we will make a photo stop at **Salmon Arm**, then head to **Pacific Railway Park** to visit the "**Last Spike**" which runs through the junction of the Pacific Railway between Canada's east & west coasts. Later we will check in our hotel. L, D

Day 4 Banff National Park - Jasper National Park - Kananaskis

This morning we will first head to **Peyto Lake** via Icefield Parkway, and then go to **Jasper National Park** and take the **icefield snow coach** to see the **Columbia Icefields**. In this 10,000-year-old ice area of 325 square kilometers, the deepest ice is 300 meters and the highest is 3,745 meters. Later we will go to the **Skywalk** and enjoy looking at the glacier valley. This Rocky Mountain landmark **glass bridge** is 280 meters high. Afterwards, we head off to beautiful **Peyto Lake** and then to the famous town of **Banff**. Along Banff Avenue are gift shops & different food choices. We will overnight at Stoney Nakoda Resort Kananaskis or a similar lodging. B, L, D

Day 5 Banff National Park (Bow Falls / Sulphur Mountain / Lake Louise / Moraine Lake) - Vernon

We will first visit **Banff Sulphur Mountain**, then take the **Banff gondola** to have a panoramic Rocky Mountain view. Next, we visit the famous **Bow River Falls**, Surprise Corner, overlooking the majestic Spa Hotel Castle. Then we visit **Moraine Lake**, recognized as the world's most picturesque lake. Afterwards we go to **Lake Louise**, followed by **Yoho National Park** where we can visit **Emerald Lake** and **Natural Bridge**. Later we head off to Rogers Pass in **Glacier National Park**; this route was built in the Rogers Valley Gorge in 1885. The construction of the Rogers Gap has opened up east and west Canada and has far-reaching implications for Canada's development. Then we will travel to the town of Vernon. B, D

Day 6 Vernon - Kelowna - Merritt - Vancouver

In the morning, we visit Vernon's famous **beekeeping farm** and **taste** different flavors of natural **honey** or choose the best royal jelly. Next, we visit **Kalamalka Lake**, then head to Kelowna, BC's "fruit hometown." Afterwards we go to **Okanagan Lake** for the **Ogopogo** of the mythology of the Indians. We will also have time to visit the prestigious **VQA winery** in the area to taste red and white wine and purchase the world-famous **Canadian Icewine**. Later we travel through Merritt and return to Vancouver by late afternoon. B, L

Day 7 Vancouver Day Trip

Today we will have a guided tour of Vancouver, named the Top Destination in Canada in Trip Advisor's 2016 Travellers' Choice awards. Our tour includes the following stops: Chinatown; Zhong Shan Park; Gas Town, the original settlement that became the core of the creation of Vancouver; Canada Place; Canada Winter Olympic Park; Stanley Park; Capilano Suspension Bridge (admission not included); Queen Elizabeth Park; and more. Later we transfer to Vancouver airport (included*) in the evening and head home with great memories of beautiful land. L

Price includes round trip airport transfers in Vancouver, 5 nights hotel, 3 breakfasts, 5 lunches, 3 dinners, gratuity for airport transfers and admissions.

Airfare is not included. Itinerary is subject to adjustments according to actual situation. Gratuity for bus driver & tour guide is not included.

*Airport transfers are included; only the flight leaving from JFK and airfare will be booked by L & M Tours.

\$300 per person deposit is required to make a reservation. Payment is by check, cash, money order or direct deposit.

Everyone will receive a Surprise Gift! *Free Bus Day Trip expires on 12/31/18.



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